Empowered Therapy Inc.
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SOPs:
Clinician Steps for updating shared treatment plans.

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Summary:

These are processes to follow when a client is seeing multiple therapists within Empowered Therapy, Inc, in both individual and couple's therapy.

Resources:

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On-site clinical directors

Clinical Documentation Guide

Updating an already existing treatment plan:

1. When a new-to-you client is already being seen in some capacity at Empowered you will:
    a. Be sure to initial and date any items on the treatment plan that only correspond to a specific clinician. For example, a client being treated at Empowered for both couples and individual therapies will likely have 2 different presenting problems and you would use the following language to differentiate: "As of 11/23/21, Larisa Garski, LMFT couples therapist assessed and found the following:"
    b. Update existing treatment plan so that both individual goals and couple's goals exist on one document.

        i. You can use distinguishing language such as “Couple will work to..” or “Client will identify in individual therapy” if helpful.

    c. Be mindful that you are not replacing an already existing treatment plan.

Changing Diagnosis:

1. In the event you would like to adjust the diagnosis for a shared client it is best practice to:
    a. Receive and document verbal consent from shared client to consult and collaborate with other therapist.
    b. Reach out to other therapist to schedule a consultation to discuss clinical presentation, diagnostic justification, and any other pertinent issues to ensure all members of the client’s care team are aligned.
    c. Please include supervisors in this discussion if applicable and reach out to Onsite Clinical Director if needed.